

Mill Park Leisure

Reformer Pilates Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| 6:10AM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | | | |
| 7:00AM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | | |
| 8:30AM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES |
| 9:30AM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES |
| 10:30AM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES |
| 5:30PM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | | |
| 6:30PM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | | |
| 7:30PM | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | REFORMER PILATES | | | |

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