

Mill Park Leisure

Holiday Group Fitness Timetable

Public Holiday Schedule:

Monday 9 June

	MONDAY
8:15AM	AQUA
8:30AM	REFORMER PILATES
9:15AM	WARM WATER AQUA
9:30AM	BODYPUMP
	REFORMER PILATES
10:30AM	RPM
10:35AM	BODYCOMBAT
11:40AM	BODY BALANCE (VIRTUAL)



[Click here to download the Active World App to book your group fitness classes.](#)