

# Mill Park Leisure

## Social Story

A swim at Mill Park  
Leisure



*City of*  
**Whittlesea**

Morang Drive  
Mill Park VIC 3082

Updated November 2022 V2.0

# Guidelines

Thank you for choosing to use a Social Story written for Mill Park Leisure. This Social Story is written by [Access Ability Australia](#) and is suited for a person who may live with autism spectrum disorder, a Language Disorder, Social Communication Difficulties and/or a Cognitive Delay/Disability.

For your Social Story to be successful, we recommend you follow these guidelines.

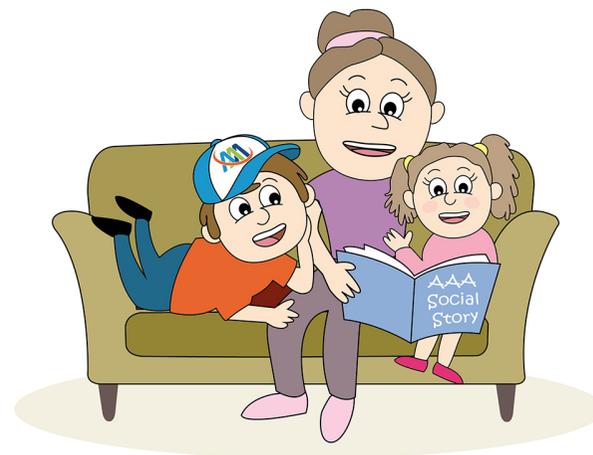
- Read Social Story often and preferably 2 weeks in advance of visit.
- Social Story to be read and shared in an environment free of distractions.
- Be calm, comfortable and honest when reading a Social Story.
- Help the participant comprehend key points and consistently monitor for level of understanding.
- Once the visit has taken place, revisit the Social Story to celebrate success.



**Access  
Ability  
Australia**

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I am going to Mill Park Leisure for a swim.



When we arrive, I will see people at reception who work at the centre.

They are called staff.



A staff member may give me a coloured band to put on my wrist.  
Then staff will open the gate for us to go through.



The pool hall has swimming pools, change rooms and play equipment.



I might see other people swimming and playing in the pools.

I might see lifeguards wearing a bright yellow and red uniform.

Lifeguards help make sure that everybody is safe in the pools.

A lifeguard might talk to me about where I can swim.

I will try and follow the lifeguard's instructions.



The changing area is used to get dressed for swimming.

There is also a toilet in the change area.



It is important to walk in the pool area. Not run.

Walking will help to keep me safe.



I might go the water play area.

There are waterslides and lots of fun things to do here.



Other people might be lining up in front of me to use the slides.

I will try to wait my turn to use the slide.

Waiting my turn is the fair thing to do.



Before I use the slide, I will try to wait until the person in front of me has finished their turn and moved away.

This is important to keep everybody safe.



There are other pools to swim or play in.

There might be signs in the pool hall that tell me where I can swim.

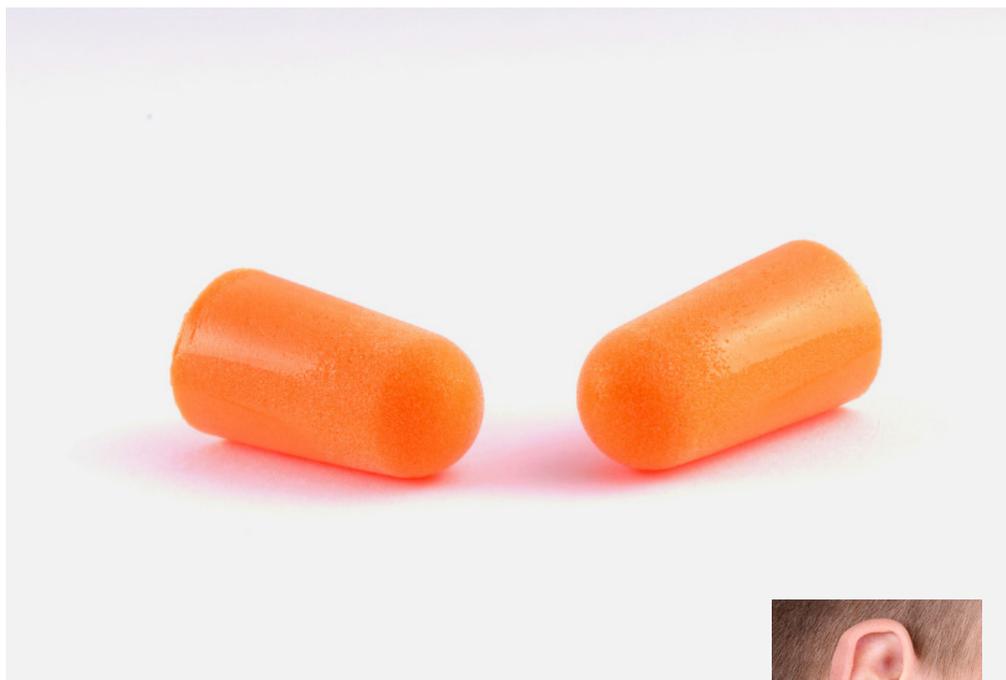
My trusted person can read the signs to me if I need help.



There may be lots of sounds at the swimming pool.

I might hear children playing.

Sometimes the sounds in the pool hall might be too loud for me.



I can wear my ear plugs to help me with the noise.

I may get out of the pool and sit with my trusted person for a few minutes.

I might ask my trusted person if I can go to the outside area.

I might take some deep breaths.



There is a café with food and drink to buy.



When it is time to leave, I can use the change room to get dry and dressed.

I can choose to have a shower in the change room.

Or I can choose to put on my clothes and have a shower at home.



Swimming at the pool is fun!

# Mill Park Leisure Centre



## Contact

### Mill Park Leisure

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### Address

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Mill Park VIC 3082

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[www.millparkleisure.com.au](http://www.millparkleisure.com.au)

### City of Whittlesea

T: 03 9217 2170 (general information)

TTY: 133 677 (ask for 03 9217 2170)

### Postal address

Locked Bag 1, Bundoora MDC VIC 3083

E: [info@whittlesea.vic.gov.au](mailto:info@whittlesea.vic.gov.au)

### Address

25 Ferres Boulevard  
South Morang VIC 3752

[www.whittlesea.vic.gov.au](http://www.whittlesea.vic.gov.au)

Free telephone interpreter service



131 450

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