

What's On		Tuesday
	8.30am	Reformer Pilates
	9.15am	Aqua Aerobics
	9.30am	RPM
		Reformer Pilates
		SHAPES
	10.15am	Aqua Aerobics
	10.35am	Zumba



Please note the timetable is subject to change.
Always check Active World App for most up-to-date class schedule.

[Click here](#) to download the **Active World App** to book your group fitness classes.